



Cumberland United Under 8 Gold / Under 9 Gold Skills Program Registration Form

Name: (First/Last): _____
Date of Birth: Year: _____ Month: _____ Day: _____ Gender Male Female
Street Address: _____
City: _____ Province: _____ Postal Code: _____
Phone: H/C: _____ Email (Required): _____
2008 Under 8 / Under 9 Gold Team: _____

Development Program

For 2008, we will offer an option ten session program for the Under 8s (born in 2000) and Under 9 (born in 1999) gold players who would like to join in with the blue division players. The program Directors will be Wendy Donaldson (former captain of the University of Ottawa Soccer team / played for Canadian National Team at the World University Games) and Eric Lefebvre (two time All-American goalkeeper). The cost is \$105 (includes GST). The training sessions will be held at Marsha Park:

Sorry but players must enter for the complete program and there is no reduction if the player cannot make all dates. It is understood that players may miss some sessions for holidays.

- Under 8 Gold Girls (born in 2000): 6:30pm – 7:30 pm Monday May 19 – Monday July 21, 2008
- Under 8 Gold Boys (born in 2000): 6:30pm – 7:30 pm Tuesday May 20 – Tuesday July 22, 2008
- Under 9 Gold Girls (born in 1999): 6:30pm – 7:30 pm Wednesday May 21 – Wednesday July 23, 2008
- Under 9 Gold Boys (born in 1999): 6:30pm – 7:30 pm Thursday May 22 – Thursday July 24, 2008

- ⚽ Dribbling in tight spaces, ball and body control
- ⚽ 1 v 1 moves, fast footwork, turning, changing direction with speed
- ⚽ Controlling with different parts of the body
- ⚽ Developing creativity and confidence on the ball
- ⚽ Passing and kicking techniques
- ⚽ Shielding
- ⚽ Shooting
- ⚽ 1v1 and 2v2 games
- ⚽ ABC (agility, balance and coordination drills)
- ⚽ Tricks with the ball

Registration Fee: \$100 + tax = \$105.00

Players who withdraw prior to May 12, 2008 will be assessed a \$35 administration fee

No refund is available after May 12, 2008

Total Fees Enclosed:

Please calculate fees and attach a cheque payable to: PARMAR SPORTS TRAINING INC.

Emergency Contact

Parent/Guardian 1: _____
Address 1: _____
Parent/Guardian 2: _____
Address 2: _____

Player Waiver

The parent or guardian agrees that Parmar Sports Training Inc. or any of its staff members or assistants will not be held responsible for any injury or accident which may occur before, during or after training practices or on route to and from training sessions. Conditions of Registration: Parmar Sports Training Inc. will attempt to accommodate every interested player. However, places may be limited and acceptance of every registrant cannot be guaranteed. Parents or guardians are responsible for ensuring registrants are in good health and hold sufficient medical insurance coverage. Parents or guardians are responsible for supplying registrants with safe soccer equipment, including footwear, shin guards and a personal water bottle. I understand the Program retains the right to use any photographs, videotapes, motion picture recording or any other record of the event for publicity, advertising or any legitimate purpose. Details may change without notice, therefore any such changes will be posted on Parmar Sports Training Inc. website www.parmarsportstraining.com

Signature of Parent or Guardian _____ Date _____
Print Name _____

Mail To: Parmar Sports Training Inc., 428 Armonia Private, Ontario, K1K 3Y2
Registration Info: (613) 277-8096 Web: www.parmarsportstraining.com

www.parmarsportstraining.com
sanjeev@parmarsportstraining.com