



Cumberland Micro Soccer Academy: U5-U7s



Location: Millennium # 7 (Trim Rd)

Time: Wednesday evenings 5:45-6:45pm, 6:45-7:45pm

Description: Technical development sessions run by senior club coaches within CUSC for U5-U7 players in the club. These sessions will strive to create a fun environment while placing an emphasis on the development of basic soccer skills combined with mobility, agility, and coordination. The program will look to properly introduce the basic techniques of soccer as well as the fundamental movement skills integral to children's development at these ages.

Dates: The program will run for 10 consecutive weeks starting on Wednesday the 26th of May.

Therefore:

May 26th

June: 2th, 9th, 16th, 23th, 30th

July: 7th, 14th, 21th, 28th

Cost of Program: \$60



Players: Sessions will be open to all U5-U7 players who are already members of CUSC.

Registration: To register, please submit a cheque for the \$60 to the CUSC office. Please include the child's name, age, and which time slot you would prefer (5:45pm or 6:45pm). Space in each session is limited so places will be allotted on a first come, first serve basis.